

# Emergency Plan

Emergency Family Members/Friends Name(s) & Number(s):

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Hospital name & address:

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**Call 911 or go to nearest Hospital Emergency Room**

**El Camino Hospital**

Old Main  
2500 Grant Rd 1<sup>st</sup> Floor  
Mt View 94040  
650-940-7291

**John George Regional Hospital Center**

2060 Fairmont Dr  
San Leandro 94578  
510-346-1300

**Crisis Hotlines:**

The National Suicide Hotline: 1-800-273-8255  
The San Francisco Suicide Hotline: 415-781-0500  
The Hispanic Hotline: 916-448-7594  
Alameda County Crisis Services: 800-309-2131

**Client Signature** \_\_\_\_\_

**Client Printed Name** \_\_\_\_\_

**Client Address** \_\_\_\_\_

**Client Email Address** \_\_\_\_\_

**Client Phone** \_\_\_\_\_

**Therapist Signature** \_\_\_\_\_ **Date** \_\_\_\_\_